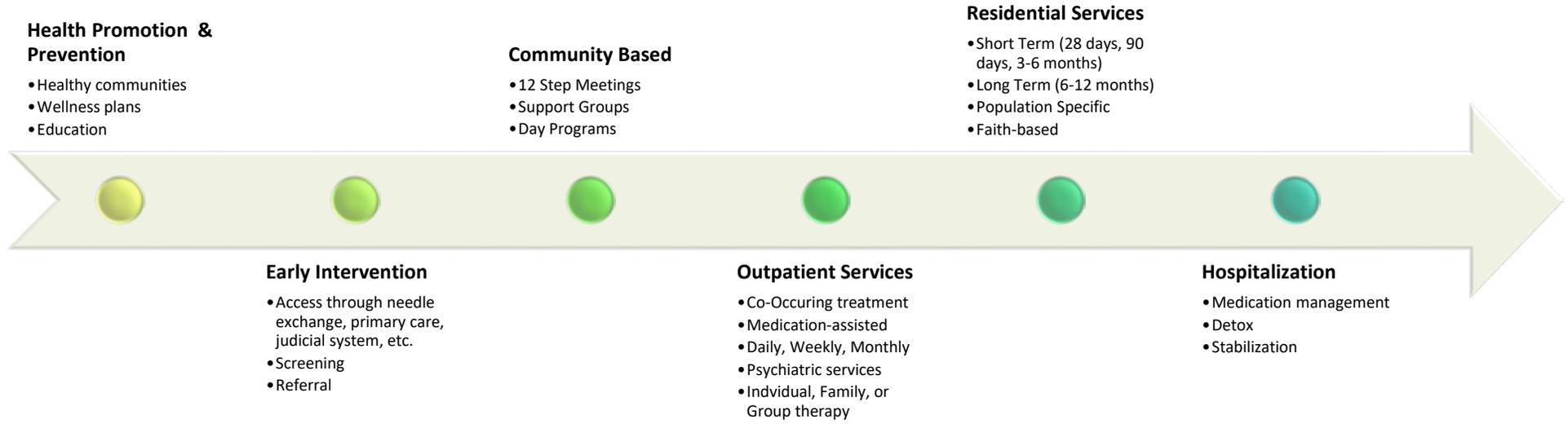


CONTINUUM OF CARE



Health Promotion:

Strategies that are designed to create health promoting environments and conditions that encourage individuals to withstand challenges.

Prevention: Methods that seek to prevent or reduce the risk of developing a behavioral health problem. Attempts to reduce the damaging effects of addiction or access.

Early Intervention:

Services or program that are on the “front line” attempting to access those ranging from low risk use to active addiction. Services include needle exchange programs to engage those in active addiction and draw them out of “the shadows.” SBIRT screening at primary care offices utilizing the AUDIT or DASH and brief intervention.

Community Based:

12-step groups (AA & NA) are peer-to-peer community based support groups. Day programs provide a sober environment, resources, and support to those in addiction and recovery. Non-12-step support groups are also available for individuals, families, and community members.

Outpatient Treatment (OPT):

Services vary in type and intensity. Individual, family, or group therapy on a daily, weekly, or monthly basis. May include basic drug education, supportive counseling, or trauma-focused therapy. May include intensive day treatment or co-occurring treatment.

Residential:

provides 24-hour therapeutic care, generally in non-hospital settings focused on “resocialization.” Activities seek to help residents examine damaging beliefs, self-concepts, & destructive patterns of behavior and adopt new, constructive ways to interact with others.

Hospitalization:

Seeks to stabilize and safely detox the individual from alcohol or drugs. May include medication stabilization.