







Guidebook Resources: NAS – Infant

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Materials & Resources

Resources for Parents:

Title	Source	Explanation	Get Access
Support for a new beginning	Substance Abuse and Mental Health Services Administration	Important things to know about what to expect if your baby needs special care after birth, as well as the Do’s and Don’ts for understanding and responding to your baby’s needs.	 SAMHSA Factsheet 3.pdf
Steps for healthy growth and development	Substance Abuse and Mental Health Services Administration	Important things to know about OUD and caring for your baby, as well as the Do’s and Don’ts for creating a healthy environment for your family.	 SAMHSA Factsheet 4.pdf
Neonatal Abstinence Syndrome: A Guide for Families	The Ohio Perinatal Quality Collaborative	Guide outlining care considerations for newborns with NAS.	 OPQC family guide.pdf
Newborn Withdrawal Project - Neonatal Abstinence Syndrome: A guide for families	Wisconsin Association for Perinatal Care	Brochure discussing newborn withdrawal including – withdrawal basics, how to calm your baby, and a chart discussing a child’s withdrawal behavior and how to respond/soothe	 174 - withdrawal project.pdf
Neonatal Abstinence Syndrome. What you need to know	Dartmouth-Hitchcock Medical Center	Caregiver resource outlining NAS basic information, how to support and calm an infant with NAS, and description of NAS scoring systems	 11. Neonatal abstinence syndrome
Learn the Signs. Act Early	The Centers for Disease Control and Prevention	Milestone tracker from birth to 5. Available online, or through a free Milestone Tracker phone application.	https://www.cdc.gov/ncbddd/actearly/index.html
Neonatal Abstinence Syndrome: Guide for Families – Caring for your	Anthem Health Keepers	Booklet to support new parents of an infant with NAS. Topics discussed – Explaining NAS, Treatment for NAS, what to expect when leaving the hospital, and ways to support your baby.	 85. nas - a guide for families, caring for yo



new baby during withdrawal			
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Resources for Providers:

Title	Source	Explanation	Get Access
A Collaborative Approach to the Treatment of Pregnant women with Opioid Use Disorders	SAMHSA	A guidance publication to support the efforts of states, tribes, and local communities in addressing the needs of women with opioid use disorders	 SAMHSA TOOLKIT.pdf
Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorders and their Infants	SAMHSA	This Clinical Guide provides comprehensive, national guidance for optimal management of pregnant and parenting women with opioid use disorder and their infants. The Clinical Guide helps healthcare professionals and patients determine the most clinically appropriate action for a particular situation and informs individualized treatment decisions	 clinical guidance for treating pregnant and
Breastfeeding Traffic Light	Illinois Perinatal Quality Collaborative	a compilation of clinical recommendations for breastfeeding contraindications to support women with OUD to breastfeed their newborn	 Breastfeeding_Traffic_Light_Revised.pdf
CDC Website on State Perinatal Quality Collaboratives	Perinatal Quality Collaboratives	State perinatal quality collaboratives (PQCs) are state or multi-state networks of teams working to improve the quality of care for mothers and babies. Using the link provided you can see if your state has an established PCQ.	https://www.cdc.gov/reproductivehealth/maternalinfanthealth/pqc-states.html
Neonatal Abstinence Syndrome: How States Can Help Advance the Knowledge Based for Primary Prevention and Best Practices of Care	Association of State and Territorial Health Officials	Provider toolkit discussing care methods for NAS and needs for advancing knowledge	 274. NAS how states can help.pdf

Hub Team Resources:

These are documents which provide access to research articles and other resources on specific NAS related topics for your Hub team to utilize. Once you open these documents, you can double click the PDF icons to open the documents.

Topic	Get Access
Parent Toolkits	 Parent Resources.docx
Supporting Mothers	 Supporting Mothers Research.docx

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