








Guidebook NAS – NICU & Neonate

Materials & Resources





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Resources for Caregivers:

Title	Source	Explanation	Get Access
Prenatal Resources			
Opioid Use Disorder & Pregnancy – Frequently Asked Questions	The American College of Obstetricians and Gynecologists	A list of frequently asked questions answered by ACOG	https://www.acog.org/patient-resources/faqs/pregnancy/opioid-use-disorder-and-pregnancy
Taking Health Steps for a Healthy Pregnancy	Substance Abuse and Mental Health Services Administration	Important things to know, about OUD and pregnancy, as well as the Do’s and Don’ts for making sure you have a healthy pregnancy and a healthy baby.	 SAMHSA Factsheet 1.pdf
Getting the help and support you need from your healthcare professionals	Substance Abuse and Mental Health Services Administration	Important things to know about OUD treatment during pregnancy, as well as the Do’s and Don’ts for making sure you receive the best treatment possible.	 SAMHSA Factsheet2.pdf
Mom and Opioids - Supporting pregnant and breastfeeding women through the opioid epidemic	MotherToBaby.com	Provides individual factsheets discussing prenatal opioid use, with each fact sheet covering a specific opioid (ex: Buprenorphine, Fentanyl, Heroin)	https://mothertobaby.org/opioids/
Postnatal Resources			
Support for a new beginning	Substance Abuse and Mental Health Services Administration	Important things to know about what to expect if your baby needs special care after birth, as well as the Do’s and Don’ts for understanding and responding to your baby’s needs.	 SAMHSA Factsheet 3.pdf
Steps for healthy growth and development	Substance Abuse and Mental Health Services Administration	Important things to know about OUD and caring for your baby, as well as the Do’s and Don’ts for creating a healthy environment for your family.	 SAMHSA Factsheet 4.pdf
Neonatal Abstinence Syndrome: A Guide for Families	The Ohio Perinatal Quality Collaborative	Guide outlining care considerations for newborns with NAS.	 OPQC family guide.pdf

Newborn Withdrawal Project - Neonatal Abstinence Syndrome: A guide for families	Wisconsin Association for Perinatal Care	Brochure discussing newborn withdrawal including – withdrawal basics, how to calm your baby, and a chart discussing a child’s withdrawal behavior and how to respond/soothe	 174 - withdrawal project.pdf
Neonatal Abstinence Syndrome. What you need to know	Dartmouth-Hitchcock Medical Center	Caregiver resource outlining NAS basic information, how to support and calm an infant with NAS, and description of NAS scoring systems	 11. Neonatal abstinence syndrome






Resources for Providers:

Title	Source	Explanation	Get Access
State and National Fact Sheets: America’s Opioid Crisis: The Unseen Impact on Children	The American Academy of Pediatrics	These fact sheets are the first to synthesize national and state data related to the opioid crisis, child welfare systems, Medicaid, and child health. Includes state-by-state and national fact sheets that examine the opioid epidemic, child welfare systems, and child health.	https://www.aap.org/en-us/advocacy-and-policy/federal-advocacy/Pages/Opioid-Factsheets.aspx
Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorders and their Infants	SAMHSA	This Clinical Guide provides comprehensive, national guidance for optimal management of pregnant and parenting women with opioid use disorder and their infants. The Clinical Guide helps healthcare professionals and patients determine the most clinically appropriate action for a particular situation and informs individualized treatment decisions	 clinical guidance for treating pregnant and
Neonatal Abstinence Syndrome (NAS) Toolkit	Minnesota Hospital Association	MHA perinatal committee developed this template for members to consider as they develop their policies and procedures for the care of infants with NAS.	 MHA Neonatal Abstinence Syndrome
Mothering and Opioids: Addressing Stigma – Acting Collaboratively	Centre of Excellence for Women’s Health	This toolkit is designed primarily for substance use and child welfare. Organized into 4 sections – addressing stigma in practice, Improving programming and services, cross-system collaboration and joint action, and policy values.	 Mothering and Opioids.pdf
Breastfeeding Traffic Light	Illinois Perinatal Quality Collaborative	a compilation of clinical recommendations for breastfeeding contraindications to support women with OUD to breastfeed their newborn	 Breastfeeding_Traffic_Light_Revised.pdf

MNO – Neonatal Missed Opportunities Debrief Form	Illinois Perinatal Quality Collaborative	Use this form to review missed opportunities in caring for mothers and newborns affected by opioids. This form facilitates review of – prenatal consult, non-pharmacologic care, breastfeeding, and coordinated discharge.	 MNO_Neonatal_Clinical Debrief_10.11.19_1
A Collaborative Approach to the Treatment of Pregnant women with Opioid Use Disorders	SAMHSA	A guidance publication to support the efforts of states, tribes, and local communities in addressing the needs of women with opioid use disorders	 SAMHSA TOOLKIT.pdf

Hub Team Resources:

These are documents which we have created to provide access to research articles and other resources on specific NAS related topics for your Hub team to utilize. Once you open these documents, you can double click the PDF icons to open the documents.

Topic	Get Access
Infant Feeding	 Infant Feeding Reserach.docx
Non-Pharmacologic Interventions	 Non-Pharmacologic Interventions Researc
Rooming-In	 Rooming-In Research.docx
Parent Toolkits	 Parent Resources.docx
Supporting Mothers	 Supporting Mothers Research.docx

*Last Updated: 5/7/2020