



# Guidebook Resources: Trauma Overview

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## Materials & Resources

### Resources for Providers:

| Title   | Source                                    | Explanation  | Get Access  |
|---|---|--|---|
| <b>Screening Tools</b>  |   |  |   |
| The Safe Environment for Every Kid (SEEK) Parent Questionnaire  | University of Maryland School of Medicine | Provider trauma screen, 16 yes/no questions taking 2-3 minutes. Used to screen risk factors for child maltreatment   | <a href="https://seekwellbeing.org/seek-materials/">https://seekwellbeing.org/seek-materials/</a>   |
| CYW Adverse Childhood Experiences Questionnaire (ACE-Q) Child   | Center for Youth Wellness                 | Provider trauma screen, 17 item questionnaire taking 2-5 minutes to complete.  | <a href="https://centerforyouthwellness.org/aceq-pdf/">https://centerforyouthwellness.org/aceq-pdf/</a>   |
| NCTSN Screening Checklist: Identifying Children at Risk         | National Child Traumatic Stress Network   | Provider trauma screen for identifying risk factors associated with traumatic stress.  | <a href="https://www.nctsn.org/resources/trauma-screening-checklist-identifying-children-risk">https://www.nctsn.org/resources/trauma-screening-checklist-identifying-children-risk</a> |
| <b>Trauma Information</b>                                       |   |  |   |
| TED Talk: How Childhood Trauma Affects Health Across A Lifetime | TED – Nadine Burke Harris                 | Pediatrician Nadine Burke Harris explains that the repeated stress of abuse, neglect and parents struggling with mental health or substance abuse issues has real, tangible effects on the development of the brain. | <a href="https://www.youtube.com/watch?v=95ovlJ3dsNk&amp;feature=youtu.be">https://www.youtube.com/watch?v=95ovlJ3dsNk&amp;feature=youtu.be</a>   |

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| Trauma Toolbox for Primary Care                                  | American Academy of Pediatrics          | Resources through AAP on understanding trauma, and the process of asking families about exposure to ACEs.          | <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Pages/Trauma-Guide.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/healthy-foster-care-america/Pages/Trauma-Guide.aspx</a> |
| Conversations About Historical Trauma Part 1 – American Indian   | National Child Traumatic Stress Network | Out lining the impact of historical trauma on American Indian children and families and how they access services.  | <br>spotlight_on_culture_conversations_about_  |
| Conversations About Historical Trauma Part 2 – African Americans | National Child Traumatic Stress Network | Out lining the impact of historical trauma on African American children and families and how they access services. | <br>spotlight_on_culture_conversations_about_  |

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